## Royce Abalos





COUNTY OF SAN DIEGO FILIPINO-AMERICAN EMPLOYEES' ASSOCIATION



Darah Frondarina

DEPARTMENT: County Fire Authority TITLE: CAO Staff Officer/Volunteer Coordinator

Royce Abalos started his career with the County of San Diego (CoSD) 14 years ago. Prior to is current position as Volunteer Coordinator at the County Fire Authority, Royce had worked at Department of Child Support Services, Public Safety Group Office and Office of Emergency Services.

For Royce, the most rewarding part of his job is finding joy in the work he does and the people he serves on a daily basis. He also feels privileged to have worked with some of the most impactful, inspiring, humble and amazing people in the County, all of whom embody the County motto, **"The noblest motive is the public good."** 

Outside of work, Royce loves to spend quality time with his amazing and beautiful wife and their two daughters. He enjoys playing sports, especially basketball; mentoring others; reading and learning! He also likes performing in a comedic dance troupe with his brothers when he gets the chance.

Royce's future goal is to be the best husband, the best father and one of the best public servants ever in the history of this planet.

## DEPARTMENT: Department of Human Resources TITLE: Department Human Resources Officer

Darah Frondarina started her career with the County of San Diego (CoSD) nine and a half years ago at the Health and Human Services Agency. This was her first "real" job after graduating from college. In 2006, she started working at the Department of Human Resources and currently serves as their Departmental Human Resources Officer.

Darah values her CSDFEA membership because it has provided her a means to connect and collaborate with CSDFEA and other Employee Resource Group members, access to professional development workshops, and opportunities to practice her event coordination and public speaking skills. Most recently, she helped coordinate and emcee the 2015-16 CSDFEA Board of Directors Induction Ceremony.

Darah has also been involved with the Homeless Point-In-Time Count program, San Diego County Employees Charitable Organization (CECO), and March of Dimes.

Outside of work, Darah is the proud and happy mother of two boys, aged three and a half and two years old. She enjoys traveling with her family and expanding her food experiences.

## JUNE AND JULY 2015 CSDFEA MEMBERS OF THE MONTH