

**Wilfredo Perez** has been a County employee since 1987 and has worked in the following departments: Department of Human Resources, Environmental Health, Social Services, and Health and Human Services Agency (HHS). Wilfredo is currently an Administrative Analyst III with the Maternal, Child and Family Health Services Branch of Public Health Services in HHS. He serves as the Contract Manager for the Supplemental Nutrition Assistance Program – Education (SNAP- Ed), which provides nutrition education, obesity prevention and physical activity services to low income eligible populations.

Wilfredo enjoys working for the County because of the dedicated and passionate professionals he works with in Public Health Services and because he is a strong believer in public service.

Wilfredo holds a B.A. in Political Science and a Masters in Public Administration from SDSU as well as a J.D. from the Thomas Jefferson School of Law. However, he says that much of his education results from reading library books and watching documentary films from the library.

He is a fitness enthusiast and an avid hiker, and loves to explore all San Diego has to offer. He served on the countywide Wellness Committee, organized exercise classes at the Rosecrans building, and has donated his time and efforts to help organize and lead monthly hiking expeditions for CSDFEA throughout the County. His support in this endeavor has helped CSDFEA members stay healthy and promotes the *Live Well San Diego* initiative. Wilfredo invites you to join our next hike on May 17<sup>th</sup> at Horsethief Canyon. For more information on this hike, click [here](#).

As a proud SDSU alumnus, Wilfredo is passionate about Aztecs football and basketball. His other hobbies include boot camp workouts, fishing, badminton, reading, cultural activities, dining at ethnic restaurants and international travel; Wilfredo considers himself a "citizen of the world." In addition to his support of County and CSDFEA initiatives such as *Live Well*, Wilfredo is a strong advocate of spreading cultural awareness and education. He has promoted this effort by helping to establish CSDFEA's first Multicultural Book Club. Wilfredo's dedication to culture, fitness, and his continual efforts as an Analyst III makes him our April Member of the Month.



*"Travel is fatal to prejudice, bigotry, and narrow-mindedness, and many of our people need it sorely on these accounts.*

*Broad, wholesome, charitable views of men and things cannot be acquired by vegetating in one little corner of the earth all one's lifetime."*

*- Mark Twain*

**April 2014 Member of the Month**

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